**Upcoming Programs Launching 2024**

* **F45 Battersea Park, 348 Queenstown Road, Lanson Bldg, London SW8 3QQ** - 12 week Program

Start date: 9th January 2024

Class times:

Tuesdays and Thursdays 9:00-10:00am

* **F45 Kensington Olympia, 103 Hammersmith Road, Hammersmith, London W14 0QH, UK** - 12 week Program

Start date: 9th January 2024

Class times:

Tuesdays and Thursdays 9:00-10:00am

* **F45 Stratford, 30 East Bay Lane, London E20 3BS** -12 week Program

Start date: 8th January 2024

Class times:

Mondays and Thursdays 10:00-11:00am

* **One LDN, The Boulevard, London SW6 2UB** - 12 week Program

Start date: 10th January 2024

Class times:

Wednesdays and Fridays 5:00-6:00pm

* **Your Gym Lytham, Unit 1-3 Lytham Trade Park, Preston Road, Lytham, St. Annyes, FY8 5FP**  - 12 week Program

Start date: 19th January 2024

Class times:

Tuesday 7:00-8:00pm and Friday 5:30-6:30pm